
Recommended Yearly Maintenance for Your ShowerStick

To keep your ShowerStick performing at its best and extend the life of the softening resin, it's important to **loosen the resin inside the ShowerStick** at least **once per year**.

If you use **well water** or water with a **high iron content (rusty color)**, this process should be done **2–3 times per year**.

This procedure should also be followed if:

- The ShowerStick has been **stored** for any period of time.
- **Saltwater won't pour in** during regeneration.
- The **main water supply has been turned off**, then back on.

Purpose of This Maintenance

Over time, the softening resin inside the ShowerStick can become compacted, reducing efficiency. Shaking the ShowerStick helps **loosen the resin beads**, restoring optimal water flow and softening performance.

For ShowerSticks Installed *With a Hanger*

(For orders placed after December 8, 2024, or if a hanger has been added to an earlier unit)

1. Remove the **hose from the bottom** of the ShowerStick (ensure the washer remains inside the hose).
2. Unscrew the **short hose from the top**, then remove the ShowerStick from the hanger.
3. Hold the ShowerStick **horizontally** with both hands and **shake to loosen** the resin.
4. Hold it **vertically**, shake again, and repeat in the **opposite direction** until you hear the resin moving freely.
5. Insert the ShowerStick back into the hanger
6. Check that the washer is **flat inside the end of the short hose**, then re-attach it to the **top** of the ShowerStick. **Do not over-tighten**.
7. Check that the washer is **flat inside the end of the long hose**, then re-attach it to the **bottom** of the ShowerStick.
8. **Regenerate** your ShowerStick as usual.

(For visual guidance, see our installation video on the website.)

For ShowerSticks Installed *Without a Hanger*

(For orders placed before December 9, 2024)

1. Remove the **hose from the bottom** of the ShowerStick (keep the washer inside the hose).
2. Detach the ShowerStick from the assembly, **keeping the regeneration port cap attached**.
3. Hold the ShowerStick **horizontally** with both hands and **shake to loosen** the resin.
4. Then hold it **vertically**, shake again, and repeat in the **opposite direction** until you hear the resin moving freely.
5. Remove any **old plumber's tape** from the male fitting on top of the ShowerStick and apply **new tape** (wrap **clockwise 4 times**).
6. Reattach the ShowerStick to the assembly — **hand tighten snugly** (do not over-tighten).
7. Make sure the washer is inside the hose and is lying **flat**, then re-attach the hose to the bottom of the ShowerStick.
8. **Regenerate** your ShowerStick as usual.

Maintenance Summary

- **Frequency:** Once a year (or 2–3 times yearly for well or iron-heavy water).
 - **Goal:** Loosen compacted resin and restore optimal softening performance.
 - **When else to do it:** After storage, regeneration issues, or water shutoffs.
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